
SARAH ADAMES

DENTAL ASSISTANT

CONTACT

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- 📍 San Antonio, TX

SUMMARY

I am a recent graduate of San Antonio Dental Assistant School under the supervision of Dr Perry. I am seeking an opportunity to use the knowledge and skills I've learned in school to grow within the dental field. I am a reliable, compassionate and quick learning worker eager to get my skills honed within a great team!

EDUCATION

2005 - 2009
O.W. HOLMES/ BUSINESS
CARERRS HIGH SCHOOL
• Dipolma (Business courses)

2025
SAN ANTONIO DENTAL
ASSISTANT SCHOOL
• Certified Dental Assistant
• CPR Certified

SKILLS

- CPR Certified
- Front End
- Backend Tech
- Problem-Solving
- Computer Literacy
- Radiographs
- Strong Communication
- Electronic Health Records
- Personable, professional deameanor

WORK EXPERIENCE

Dental Assistant School 2025

- Online reading, modules, coursework and tests
- Hands-on learning in an office with instructors with 12+years experience
- X-rays, impressions, model trimming, digital charting (Dentrix),
- instrument identification, proper sanitation techniques, PPE protocol, 4-handed dentistry
- Externship (40 hours) in a working office shadowing fellow assistant's in their daily routines. Greeting patients, vitals/charting, preparing instruments for procedures, breaking down rooms and sanitation.

Northside ISD 2019 - 2025
Campus Clerk

- Front office - answer phones, emails and pages. Assisted parents, students and teachers as needed around campus.
- Coach - Assisted coach with lessons, game and equipment set
- up/breakdown, assisted as needed around campus.

Family Home Care 2017 - 2019

- In-House Caregiver
- Assisted elderly/disabled family with personal care, meal preparation, light housekeeping and companionship
 - Assisted with medication administration, mobility and monitored vitals
 - Maintaining a safe environment
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