

Deandra N. Vargas De La Cruz

San Marcos, TX • (512) 557-8680 • deevargas2004@gmail.com

Professional Summary

I am a motivated and dependable professional with firsthand experience in **dental assisting, cosmetology, and customer service**. Completed a clinical **dental assistant externship** supporting patient preparation, chairside procedures, digital X-rays, sterilization, and front-office operations in a fast-paced specialty practice. Licensed cosmetologist with strong communication skills, bilingual ability, and a proven record of delivering excellent client experiences in salon and hospitality environments. Known for reliability, teamwork, and a cheerful outlook, with a commitment to growing in the dental and healthcare field.

KEY SKILLS:

- Chairside Dental Assisting
- Digital X-Rays & Charting
- Patient Preparation & Communication
- Instrument Sterilization & OSHA Compliance
- Customer Service & Hospitality
- Hair Cutting, Coloring & Styling
- Bilingual: English & Basic Spanish
- Time Management & Team Collaboration
- Safety & Sanitation Protocols
- Child Care & Educational Activities

CERTIFICATIONS:

- Basic Life & Support (CPR & AED) certification, expires May 2028
- Food Handler Certificate, expires December 2027
- TABC Certificate expires December 2027

PROFESSIONAL EXPERIENCE:

Dental Assistant Extern

Buda Dental Specialty Group — Buda, TX *June 2026 – June 2026*

- Completed a hands-on externship providing chairside support during routine and restorative procedures.
- Prepared examination rooms, dental trays, and instruments for patient appointments.
- Assisted with patient preparation, chairside procedures, and post-treatment instructions.
- Captured digital X-rays and supported charting and documentation.
- Sterilized instruments and maintained a clean, OSHA-compliant operatory.

- Supported front-office tasks, patient check-in, and communication with professionalism and accuracy.

Service Assistant

Longhorn Steakhouse — New Braunfels, TX *January 2024 – Present*

- Manage waitlists, greet guests, and assist with table assignments during peak hours.
- Maintain cleanliness and safety standards in dining areas.
- Support staff to ensure efficient service and positive guest experience.

Hair Stylist

J.C. Penney Hair Salon — San Marcos, TX *February 2023 – July 2025*

- Provided professional hair cutting, coloring, and styling services tailored to client needs.
- Conducted consultations to recommend hairstyles and treatments.
- Ensured high customer satisfaction through attentive service and effective communication.
- Maintained a clean, safe, and organized salon environment.

Server

Longhorn Steakhouse — New Braunfels, TX *December 2023 – January 2024*

- Delivered exceptional dining service with strong menu knowledge and attention to detail.
- Collaborated with team members to ensure timely and accurate service.
- Enhanced guest satisfaction through friendly and attentive interactions.

Service Assistant

Longhorn Steakhouse — New Braunfels, TX *June 2020 – December 2023*

- Managed waitlists and assisted with table assignments during busy shifts.
- Maintained dining area cleanliness and safety standards.
- Supported staff to ensure smooth restaurant operations.

Child Care Provider

Private Family — San Marcos, TX *June 2018 – September 2021*

- Provided attentive care for two young children during weekends and school breaks.
- Created engaging, age-appropriate educational activities.
- Ensured safety, emotional support, and a positive environment.

EDUCATION:

Dental Assistant (In Progress)

New Braunfels Dental Assistant School — New Braunfels, TX *April 2026 – July 2026*

- Completed Dental Assistant school.

Cosmetology Diploma

Seguin Beauty School — Seguin, TX *July 2023*

- Completed comprehensive cosmetology training; **Licensed Cosmetologist #1938766.**

High School Diploma

Navarro High School — Seguin, TX *May 2022*